

IDAHO HOSA ADVISOR GUIDE 2026-2027



Table of Contents

HOSA State Office Contact Information	3
2026-2027 HOSA State Officer Contact Info	4
The HOSA Creed	4
HOSA Mission Statement	5
HOSA Program Goals	5
New This Year	5
HOSA Competitive Event Update: 2026-2027 HOSA	5
Calendar of Events: 2026-2027	6
HOSA Affiliation Information	7
Chapter Affiliation Dues	7
HOSA Dress Code Poster	8
HOSA Dress Code Written Policy	9
HOSA SLC Advisor Code of Conduct (Sample)	12
HOSA SLC Member Code of Conduct (Sample)	13
HOSA SLC Possession of Documents Form (Sample)	14
HOSA SLC Medical Liability Release Form (Sample)	15
HOSA SLC Conference Release Form (Sample)	16
HOSA SLC 2027 Events	17
HOSA CMS Digital Upload System Instructions Idaho	19
Competitive Events FAQ	21
HOSA State Officer Eligibility	22

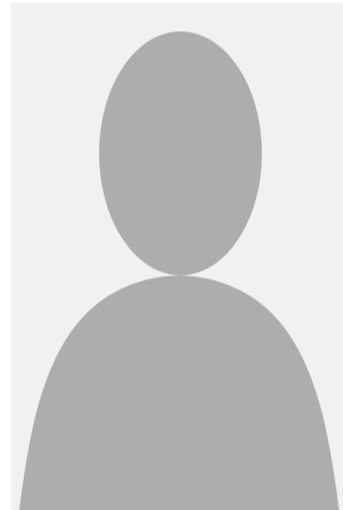
State Office Contact Information

For questions or inquiries about Idaho HOSA, please contact one of the following:



Gina Lyman
HOSA State Advisor

Student Leadership Manager
(208) 429-5553
Gina.Lyman@cte.idaho.gov



Vacant
HOSA Administrative Support

Administrative Assistant, IDCTE
(208) 429-5536



2026-2027 Idaho HOSA State Officers

For chapter questions or inquiries, please contact your regional state officer:

Officer Name	Officer Position	Officer Email
Alison Pitman	President	apitman@idahohosa.org
Audrey Eden	PS President	aeden@idahohosa.org
Lillianne Lustig	V.P. Region I	llustig@idahohosa.org
Abygale Pierce	V.P. Region II	apierce@idahohosa.org
Rosalyn Kuck	V.P. Region III	rkuck@idahohosa.org
Kylie Meyer	V.P. Region IV	kmeyer@idahohosa.org
Maddi Polston	V.P. Region V	mpolston@idahohosa.org
Yollette Martinez	V.P. Region VI	ymartinez@idahohosa.org

The HOSA Creed

I BELIEVE in the Health Care Profession.

I BELIEVE in the profession for which I am being trained; and in the opportunities, which my training offers. I BELIEVE in education.

I BELIEVE that through education, I will be able to make the greatest use of my skills, knowledge, and experience in order to become a contributing member of the healthcare team and of my community.

I BELIEVE in myself.

I BELIEVE that by using the knowledge and skills of my profession, I will become more aware of myself. By fulfilling these goals, I will become a more responsible citizen. I BELIEVE that each individual is important in his or her own right; therefore, I will treat each person with respect and love.

To this end, I dedicate my training, my skills, and myself to serving others through HOSA.

The HOSA Mission Statement

The mission of Idaho HOSA is to enhance the delivery of compassionate, quality health care by providing opportunities for knowledge, skill and leadership development of all health science education students, therefore, helping the student meet the needs of the health care community.

HOSA Program Goals

The goals that HOSA believes are vital to each member are:

- To promote physical, mental, and social well-being.
- To develop effective leadership qualities and skills.
- To develop the ability to communicate more effectively with people.
- To develop character.
- To develop responsible citizenship traits.
- To understand the importance of pleasing oneself as well as being of service to others.
- To build self-confidence and pride in one's work.
- To make realistic career choices and seek successful employment in the health care field.
- To develop an understanding of the importance of interacting and cooperating with other students and organizations.
- To encourage individual and group achievement.
- To develop an understanding of current healthcare issues, environmental concerns, and survival needs of the community, the nation, and the world.
- To encourage involvement in local, state, and national health care and education projects.
- To support Health Science Education instructional objectives.
- To promote career opportunities in health care.

New This Year 2026-2027

- This year we are excited to offer three new events: Diagnostics by Design: AI in Healthcare, Genetics and Physician Assistant Medical Case Challenge! See full event list on page 17-18.

HOSA Competitive Events Update: 2026-2027

This update summarizes most major changes to the event guidelines but is not an all-inclusive list. Changes to both the rating sheets and rules are made every year for consistency and clarity. Full event guidelines should be printed new from HOSA.org every September. To view a short video presentation about these changes, visit: <https://hosa.org/ceusefultools/>

JULY	13-15	CONNECT Summer Conference Riverside Hotel Boise, ID
AUG.	1	Washington Leadership Academy Registration Opens BASIC Registration Opens All 4 Locations
	21	Mail-In Entries Due for Western Idaho Fair
	28	Drop-Off Entries Due for Western Idaho Fair
	29	Western Idaho State Fair Boise, ID
SEPT.	19-22	Washington Leadership Conference Washington, D.C.
	25	NIC Basic Registration Closes
OCT.	9	BASIC NIC
	16	BASIC Registration Closes BSU, CSI, CEI
	27	BASIC Boise State University Boise, ID
	28	BASIC College of Southern Idaho Twin Falls, ID
	29	BASIC College of Eastern Idaho Idaho Falls, ID
NOV.	1	Early Membership Affiliation Deadline
	2-6	HOSA Week
DEC.	14	State Leadership Conference (SLC) Registration Opens Scholarship Application/State Officer Application Opens State Leadership Conference Q & A
JAN.	15	State Leadership Conference Registration Closes
	25	State Leadership Conference Online Testing Opens
FEB.		#CTEMONTH
	3	Student Day at the Legislature Idaho State Capital Boise, ID
	5	State Leadership Conference Online Testing Closes State Officer Application Deadline at 5pm HOSA Scholarship Application Deadline at 5pm HOSA CMS Submissions Due at 5pm
	17	CTE Showcase Idaho State Capital Boise, ID
MAR.	March 31- April 2	State Leadership Conference Boise State University
APR.	5	ILC Hotel Block and Registration Opens
	16	International Leadership Conference (ILC) Qualifier Commitment Deadline
MAY	14	ILC Registration Closes ILC HOSA CMS Submissions Deadline
JUNE	23-26	International Leadership Conference Philadelphia, PA

HOSA Affiliation Information

STEP ONE:

In order to use HOSA's Affiliation System, you must have your chapter's charter number and password. If you are a new chapter or you do not know your chapter's charter number or password, contact your state advisor or HOSA Headquarters.

STEP TWO:

Go to the HOSA website at www.hosa.org and click on Login at the top right of the home page. Log in as a Local Advisor using your charter number and password.

STEP THREE:

From the main menu, be sure to review the affiliation instructions especially if you are unfamiliar with the online affiliation system. Click Complete the Affiliation Application to begin the chapter affiliation process. Ensure all chapter information is correct including the billing and demographic information. For returning HOSA members, you can re-affiliate these members without re-entering their information. For all new members, please enter the member's name, demographic, and contact information.

2026-27 Chapter Affiliation Dues for Idaho

<i>State Dues:</i>	\$10.00
<i>National</i>	\$10.00
<i>Dues: TOTAL:</i>	\$20.00

hosa DRESS CODE POLICY

Delegates are required to wear either the Official HOSA Uniform, or the Suit Option to all General Sessions.

GENERAL SESSIONS

OFFICIAL HOSA UNIFORM

- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon or navy long tie
- Closed-toe blue, black, or brown business shoes or blue, black, or brown sneakers
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed



SUIT OPTION

- Black or navy-blue suit
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member's choice)
- Accent: maroon HOSA scarf (optional)
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue, black, or brown business shoes or blue, black, or brown sneakers
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed



COMPETITIVE EVENTS

If the competitive event guidelines identify business attire is appropriate, any of the following dress is acceptable (color is not specified for clothing or shoes for competition):
(closed-toe; open-toe; heeled sandals are permitted)



Official HOSA Uniform



Business Attire

- Shirts
- Skirts
- Dresses
- Jackets
- Sports Jackets
- Pants

Note: Shorts and flip-flops are not acceptable HOSA competitive event attire.

If the competitive event guidelines identify clinical uniform or attire appropriate to the occupational area for skill events, the following dress is acceptable (scrubs can be of any color/design, with or without a HOSA emblem):



Medical Scrubs

- Scrubs
- Clinical shoes or tennis shoes



Polo & Khakis

- Khaki pants with polo top

EVENT-SPECIFIC DRESS CODE

Please see HOSA website at hosa.org/guidelines for events and their specific dress code.

SKILL EVENTS: HEALTH PROFESSIONS AND EMERGENCY PREPAREDNESS

Examples of health professions appropriate attire are pictured below.



CERT SKILLS



EMT



SPORTS MEDICINE

For skill events, Round 1 attire should consist of proper business dress, the official HOSA uniform, or clothing appropriate to the specific occupational area.

At the International Leadership Conference, skill events are frequently conducted in clinical or educational facilities. Therefore, for Round 2 skill demonstrations, competitors are required to wear attire appropriate for the clinical setting to ensure compliance with OSHA standards.

Please note that closed-toed shoes are mandatory. Jeans and shorts are not acceptable. *Bonus points will be awarded for proper dress.*



hosa.org

future health professionals

HOSA APPENDIX D

HOSA's OFFICIAL DRESS CODE POLICY For all ILC Activities, Including General Sessions

For HOSA competitors, see competitive event guidelines for proper attire for each competitive event.

Required:

HOSA's Official Uniform Policy

- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon or navy long tie
- Closed-toe blue, black, or brown business shoes or blue, black, or brown sneakers
- Belt (blue, black, or brown)
- Head covers required for religious purposes or to honor cultural traditions are allowed.

OR, Business Dress Policy

- Black or navy-blue suit
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member's choice) or Accent: maroon HOSA scarf (optional)
- Members may choose to wear knee-length skirts or slacks
- Closed-toe blue, black, or brown business shoes or blue, black, or brown sneakers
- Belt (blue, black, or brown)
- Head covers required for religious purposes or to honor cultural traditions are allowed.

ILC General Conference Dress Policy:

Tennis Shoe / Sneaker Policy: HOSA members may wear business casual footwear, including sneakers, if clean and in good condition throughout the conference. If you wear sneakers to the general sessions, remember they must be blue, black, or brown to be allowed to walk across the stage! Athletic soles are acceptable.

As a Reminder: Official functions, including the HOSA Expo, workshops, and HOSA Universities, are held in conjunction with the ILC (unless the Expo or workshop has special dress requirements like exercise, meditation, etc., which are noted in the ILC Program). The official uniform or appropriate business attire is required for official functions.

Social Activities Dress: The dress code for social activities includes everything EXCEPT athletic clothing, swimwear, sheer or mesh clothing, tank tops, muscle shirts, crop tops, and clothing with obscene or suggestive printing. Shirt straps must be two inches wide, and shorts and skirts must be at least to the fingertip.

COMPETITIVE EVENT DRESS:

For HOSA competitors, see competitive event guidelines for proper attire for each competitive event.

Definition of CE Business Attire:

For Business Attire, competitors can wear the Official HOSA Uniform or Business Dress described above OR any of the following acceptable business dress (shoes and clothing can be of ANY color):

- Suit
- Dresses
- Shirts
- Sports Jackets
- Jackets
- Skirts
- Pants
- Shoes (closed-toe; open-toe; heeled sandals; and tennis shoes / sneakers are permitted, and can be of any color)

Definition of CE Clinical Uniform or Attire Appropriate to the Occupational Area:

The following dress is acceptable (can be of any color/design, with or without the HOSA emblem):

- Scrubs, EMS attire, CERT attire
- Khaki-style pants with Polo-style top
- Clinical shoes or tennis shoes / sneakers ARE REQUIRED (MUST be closed toe, no open toe shoes allowed as part of the clinical uniform)
- Lab coat, worn over scrubs or over appropriate business attire (optional)

Process for Awarding Competitive Event Dress Bonus Points:

- Five (5) bonus points will be added in Tabulations once per competitor and/or team for appropriate dress for all competitive events. ALL team members must be appropriately dressed to receive the bonus points in team events.
- At the ILC, dress bonus points are awarded unless the Event Manager and a member of the HOSA CE staff agree upon a dress violation. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, they must be indicated on the HOSA Event Section Summary forms and signed by a member of the CE Program staff.
- Judges are NOT responsible for awarding dress bonus points

Competitive Events Dress Tips:

No policy can cover all contingencies, so HOSA members must exercise some judgment in their choice of clothing for HOSA competition. Members who experience uncertainty about acceptable HOSA attire should ask their HOSA local or state advisor.

Unacceptable clothing for competition (but not limited to):

- Casual tank, crop, or tube tops
- T-shirts (T-shirts with logos for profession acceptable)
- Sweat or pajama pants/shirts
- Torn, dirty, or frayed clothing
- Revealing clothing (i.e., excessive cleavage, back, chest, stomach, undergarments, etc.)
- Denim clothing of any color or style
- Canvas shoes
- "Shorts," "capri pants," and other short pants (Dress pants are acceptable)

- Beach wear, athletic clothing, swimwear, sheer or mesh clothing
- Clothing that has obscene or suggestive printing or pictures that may be offensive
- Flip flops and thong sandals. *The definition is “shoes that are flat, backless, made of rubber or leather, plain or embellished, etc..... consisting of a flat sole held loosely on foot by a ‘Y’ shaped strap, like a thin thong, that passes between the first and second toes and around either side of the foot.”*

Note about HOSA's Dress Code Policy:

- Head covers required for religious purposes or to honor cultural traditions are allowed.
- A competitor should dress appropriately based on the dress standards outlined for the gender to which they identify.

HOSA SLC Advisor Code of Conduct

Advisor Code of Conduct

- 1) Idaho HOSA Advisors project a positive and professional image of Health Professions Education and Idaho HOSA to all those with whom they interact.
- 2) Idaho HOSA Advisors promote Idaho HOSA as a positive student experience; therefore, will act as a positive role model for students. This will be portrayed and not limited to the way they dress, tone of voice, attitude, actions, and demeanor.
- 3) Idaho HOSA Advisors are first in line to ensure that their Student Delegates are dressed in appropriate HOSA attire (see pages 8-9) and are practicing professional etiquette and behavior.
- 4) Idaho HOSA Advisors are accountable to and for their students during all Idaho HOSA-related activities.
- 5) Idaho HOSA Advisors will notify the State Advisor, Gina Lyman, of any accidents or injuries of Student Delegates, Advisors, Chaperones, or Guests that take place during Idaho HOSA activities or conferences.
- 6) Idaho HOSA Advisors understand and follow established processes within the organization that protect the rights of all members.
- 7) Idaho HOSA Advisor and Student Delegates will remain seated and in attendance until the end of the session during conferences

Idaho HOSA advisors are proud of the standards of excellence they maintain for themselves and their students. Attendance of any Idaho HOSA function implies acceptance and practice of these standards.

I HAVE READ THE ABOVE CODE OF ETHICS FOR IDAHO HOSA ADVISORS AND AGREE TO ACCEPT AND PRACTICE THESE STANDARDS.

Signature: _____ Date: _____

High School / HOSA Chapter: _____ Date: _____

NOTE: Please submit this form electronically (found at: <http://www.idahohosa.org/advisor-resources/>), along with forms for all chapter members attending the 2027 SLC to Gina Lyman by January 15th, 2027.

Additionally, please make sure to bring a hard copy of all conduct forms with you to the conference.

HOSA SLC Member Code of Conduct

Code of Conduct Form must be completed and given to the Chapter Advisors, who must keep a copy on hand at all times during the conference. **All chapter Code of Conduct Forms will be submitted electronically to Gina Lyman by January 15, 2027.**

A good reputation enables members to take pride in their organization. IDAHO HOSA members have an excellent reputation. Your conduct at any IDAHO HOSA function should make a positive contribution to the reputation that has been established.

- 1) Your behavior at all times should be such that it reflects credit to you, your school/college, your state, and IDAHO HOSA.
- 2) The general session should be enthusiastic but we must be courteous to those in the audience or on stage. It is important to remain seated and in attendance until the end of the session. Students who do not adhere to the general session protocol will be asked to leave the conference.
- 3) You are expected to attend all general sessions and other scheduled conference activities. Please be prompt and show respect to the audience and those on stage.
- 4) Student delegates are to abide by the SLC Attire Policy at all business sessions, general sessions, competitive events, and other conference activities. Please refer to the Dress Code Policy on pages 810. Student Delegates not adhering to the dress policy during the conference will NOT be admitted.
- 5) School tags, state badges, or IDs must be removed or completely covered during the competition.
- 6) Student Delegates are to report any accidents, injuries, or illness to their local or state advisor immediately.
- 7) Students Delegates shall keep their advisors informed of their activities and whereabouts at all times. (Idaho HOSA Conference Name Badges shall be worn at all times.)
- 8) Student Delegates are to observe the designated curfew. (Curfew means being in your assigned hotel room by the designated hour)
- 9) If a Student Delegate is responsible for stealing, damage to property, or vandalism, the student and his/her parents will be expected to any all-damage costs.
- 10) Any participants at the HOSA State Leadership Conference may not purchase, consume, possess, or be under the influence of alcohol or drugs at any time. Violators will be subject to disciplinary action.
- 11) No weapons of any sort will be allowed in the student's possession, room, transportation, or luggage.
- 12) Smoking, vaping, or possession of any tobacco products is prohibited at the conference and at offsite, conference-related activities.

Student Delegates who disregard the rules will be subject to disciplinary action and will be sent home at their own expense. Parents will be notified. By signing below, you confirm that you have read the above Code of Conduct for IDAHO HOSA Conferences and agree to abide by these rules.

Print Name of Student

Student Delegate Signature

Date

Print Name of Parent/Guardian

Parent/Guardian Signature

Date

(Required for student delegates under the age of 18)

Advisor Possession of Documents

Chapter Advisors: The Medical Release and Parental Release forms will be your responsibility to obtain with and have with you at The State Leadership Conference for each member attending, including yourself and any Chaperones.

**** YOU WILL NOT RECEIVE YOUR CONFERENCE PACKET IF WE DO NOT RECEIVE THIS FORM****

Advisor Name (print) _____ Chapter _____

Cell Phone Number _____

I understand that I am responsible for obtaining all the required information and signatures on the Medical Release and Image Release forms for myself, all students, adults, and Chaperones who will be representing my chapter at the Idaho HOSA State Leadership Conference at Boise State University. I also understand that I need to have these forms in my possession at SLC in case of an emergency and for liability reasons.

Forms enclosed for (list all participants requiring release forms OR attach a list):

Advisor Signature _____

Date_____

Medical Liability Release

PLEASE PRINT OR TYPE ALL INFORMATION.

Due to legal restrictions, all student delegates, parent/guardians, guests and IDAHO HOSA Advisors must complete this form to be eligible to attend any Idaho HOSA State Leadership Conference. This form should be completed, and a copy submitted to the advisor. Medical release forms must always be kept with the advisor during the conference.

PARTICIPANT/GUARDIAN INFORMATION			
PARTICIPANT NAME	GUARDIAN NAME		
ADDRESS	CITY	STATE	ZIP
PARENT/GUARDIAN CELLPHONE	PARENT/GUARDIAN WORK PHONE	PARENT/GUARDIAN HOME PHONE	
ALTERNATE CONTACT NAME	ALTERNATE CONTACT PHONE		
Please check and describe any medical condition which may recur or be a factor in medical treatment:			
☐ Allergies:	☐ Heart/lung problems:		
☐ Blackouts:	☐ Medicine reactions:		
☐ Convulsions:	☐ Physical handicap:		
☐ Disease of any kind:	☐ Other:		
☐ Please list any medications you are currently taking:			
PHYSICIAN NAME	PHYSICIAN PHONE		
PHYSICIAN ADDRESS	CITY	STATE	ZIP
DOES THE STUDENT HAVE MEDICAL INSURANCE? ☐ Yes ☐ No			
NAME OF INSURED	INSURANCE COMPANY		
GROUP NUMBER	POLICY NUMBER		
Liability release: I certify that the information described above is accurate and complete to the best of my knowledge. I understand that everyone is responsible for their insurance coverage during this conference. I hereby release IDAHO HOSA Board of Directors, State and Local Chapter Advisors, the Idaho Division of Career Technical Education, and any designated individual in charge of the HOSA chapter group or specific activity from any legal or financial responsibility concerning my personal or my child's participation in or contact with any known element associated with an activity including competitive events.			
Parent/Guardian/Participant: Please check one of the following and sign your name:			
☐ I permit immediate medical treatment as required in the attending physician's judgment.			
☐ I do NOT permit medical treatment until I have been contacted.			
PARENT/GUARDIAN'S SIGNATURE*			DATE
STUDENT'S SIGNATURE			DATE
ADVISOR'S SIGNATURE			DATE

* Required for student delegates under the age of 18.

Conference Release Form

Student name

Student's school name

Emergency contact name

Emergency contact phone

Career Technical Student Organization

- ☐ Business Professionals of America
- ☐ DECA
- ☐ Family, Career, and Community Leaders of America
- ☐ FFA
- ☐ HOSA
- ☐ SkillsUSA
- ☐ Technology Student Association

I give the above-named attendee permission to attend the state-approved event.

My student agrees to abide by all rules and safety precautions. I am aware that during these events certain risks are inherent. I understand that these events may involve certain conditions, hazards and potential dangers including those associated with traveling or those associated with the facilities or property where the events will occur or whether the dangers are open and obvious or concealed. Any questions which have occurred to me have been answered to my satisfaction.

I hereby grant the Idaho Division of Career Technical Education (IDCTE) and its representatives the irrevocable and unrestricted right to use and publish my image and video captured of me in its promotional materials and publicity efforts. I understand that the photographs and video may be used in publications, print ads, directmail pieces, electronic media (e.g., videos, social media or websites) or other promotion forms.) I hereby release and discharge IDCTE, its offices, employees, agents and designees, and the photographer/videographer from liability for any violation of any personal or proprietary right I may have in connection with such use.

I authorize IDCTE to send my student a post-event survey for feedback and evaluation purposes.

By signing below, I hereby release and agree to hold harmless IDCTE, Idaho BPA, Idaho DECA, Idaho FCCLA, Idaho HOSA, Idaho SkillsUSA, and Idaho TSA from any and all liability, claims or demands for personal injury, sickness or death, as well as property damages and expenses, of any nature whatsoever which may be incurred while my student is participating in the conference.

- ☐ I am 18 years of age or older.
- ☐ I am under 18 years of age. If checked, please have a parent or guardian complete the following:

Parent/legal guardian signature

Phone

Date

Parent/legal guardian printed name

Postsecondary/High School Events

Student Leadership Conference 2027

RECOGNITION EVENTS

Students may register for any recognition event, ATC exam or workshop.

Abbreviation	Event Name
ABC	America's Blood Centers and HOSA Blood Drive*
ARC	American Red Cross Chapter Recognition*
ARCD	American Red Cross Diversity the Blood Supply*
ATC	ATC Exams
BJSA	Barbara James Service Award*
DDAI	Diagnostics by Design: AI in Healthcare — ILC Only (NEW!)
EWBC	Emotional Well-Being Challenge
HCEI	Healthcare Issues Exam
HLA	Health Literacy Ambassador
HFC-A & HFC-B	Hilarity for Charity (A & B)
HH	HOSA Happenings
NS	HOSA Service Project
OHL	Outstanding HOSA Leader

ONLINE-ONLY EVENTS — ONLINE TESTING JAN. 25-FEB. 5, 2027

Students may register for one of the following online-only events.

Abbreviation	Event Name
BH	Behavioral Health
BET	Biomedical Equipment Technician
DT	Dental Terminology
EP	Epidemiology
EW	Extemporaneous Writing
HI	Health Informatics
HA	Healthcare Administration
HGD	Human Growth and Development
MLE	Medical Law and Ethics
MM	Medical Math
MT	Medical Terminology
MR	Medical Reading
NUT	Nutrition
PAT	Pathophysiology
PH	Pharmacology
WH	World Health and Disparities

Students may register for one of the following in-person events. These events may also have an online Round 1.

EVENTS WITH A ROUND 1 QUALIFIER — ONLINE TESTING JAN. 25-FEB. 5, 2027; TOP QUALIFIERS MOVE TO ROUND 2 IN PERSON

Abbreviation	Event Name
BD	Biomedical Debate (Topic: Limited Healthcare Resources Should Be Allocated to Patients With the Greatest Likelihood of Long-Term Survival)
BT	Biotechnology
CERT	CERT Skills
CL	Clinical Laboratory Science
CN	Clinical Nursing
CPR	CPR/First Aid
CPS	Creative Problem Solving
DS	Dental Science
EMT	Emergency Medical Technician
GE	Genetics (NEW!)
FS	Forensic Science
HB	HOSA Bowl
HHA	Home Health Aide
HL	Healthy Living
MA	Medical Assisting
MS	Medical Spelling
NA	Nursing Assistant
OT	Occupational Therapy
PP	Parliamentary Procedure
PS	Pharmacy Science
PHL	Phlebotomy
PT	Physical Therapy
PA-MCC	Physician Assistant Medical Case Challenge (NEW!)
RT	Respiratory Therapy
SM	Sports Medicine
ST	Surgical Technologist
VS	Veterinary Science

IN-PERSON EVENTS WITH HOSA UPLOAD SYSTEM SUBMISSIONS — DUE FEB. 5, 2027

Abbreviation	Event Name
CA	Community Awareness
CS	Clinical Specialty
FMP	Family Medical Physician
HCP	Health Care Photography
HCD	Health Career Display
HE	Health Education
IS/JSS	Interviewing Skills†/Job Seeking Skills
MH	Medical Health Promotion
MI	Medical Innovation
MRC	Medical Reserve Corps Partnership
PH	Public Health (Topic: Fact-Check Your Feed: Taking Down Health Myths Before They Spread)
PSA	Public Service Announcement (Topic: Maintain My Brain: Practicing the Pillars of Brain Health)
RP	Research Poster
RPS	Researched Persuasive Writing and Speaking (Topic: Should Pharmaceutical Companies Advertise?)

EVENTS WITH ALL ROUNDS IN PERSON

Abbreviation	Event Name
LSS	Life Support Skills†
PC	Personal Care†
PS/SS	Prepared Speaking/Speaking Skills† (Topic: Redefine the Standard)

* Must register hours on the HOSA Activity Tracking System website.

† Only for students classified under the federal Individuals with Disabilities Education Act of 1997, as amended. A special-needs student eligibility form is included in the guidelines and must be uploaded to HOSA.

RECOGNITION EVENTS

Students may register for any recognition event, ATC exam or workshop.

Abbreviation	Event Name
ABC	America's Blood Centers and HOSA Blood Drive
BJSA	Barbara James Service Award
EWBC	Emotional Well-Being Challenge
HH	HOSA Happenings
HLA	Health Literacy Ambassador
HS	HOSA Service Project

ONLINE EVENTS

Students may register for one of the following online-only events.

Abbreviation	Event Name
M-MR	Foundations of Medical Reading
M-MT	Foundations of Medical Terminology
M-NUT	Foundations of Nutrition
M-HCE	Health Career Exploration

Students may register for one of the following in-person events. These events may also have an online Round 1.

IN-PERSON EVENTS WITH HOSA UPLOAD SYSTEM SUBMISSIONS — DUE FEB. 5, 2027

Abbreviation	Event Name
FSCS	First Step Career Skills
FHL	Foundations of Healthy Living
HE	Health Education

EVENTS WITH ALL ROUNDS IN PERSON

Abbreviation	Event Name
HCP	Health Career Preparation
PS	Prepared Speaking (Topic: Redefine the Standard)

EVENTS WITH A ROUND 1 QUALIFIER — ONLINE TESTING JAN. 25-FEB. 5, 2027; TOP QUALIFIERS MOVE TO ROUND 2 IN PERSON

Abbreviation	Event Name
M-DD	Dynamic Decisions
FRT	Foundations of Respiratory Therapy
FRX	Foundations of Pharmacy Science
FVS	Foundations of Veterinary Science
M-LTS	Life-Threatening Situations

HOSA CMS Digital Upload System Instructions

HOSA Competitive Events Instructions

Members participating in the following competitive events at the SLC and ILC are required to create a profile and submit materials through the HOSA CMS Digital Upload System.

Clinical Specialty (Portfolio)

Community Awareness (Portfolio by one Team Member)

Diagnostics by Design: AI in Healthcare (One person Link)

Emotional Well-Being Challenge (Cover page, summary of Evaluation Plan/Tool, and URL to video presentation)

Exploring Medical Innovation (exhibit plan by one team member)

Family Medicine Physician (Interview Verification Form)

Health Care Display (display plan by one team member)

Health Career Photography (Portfolio)

Health Education (Portfolio by one team member)

Interviewing Skills (Personal Statement and Resume)

Job Seeking Skills (Personal Statement and Resume)

Medical Innovation (exhibit plan by one team member)

Mental Health Promotion (Reference pages, Completed

Mental Health Consultation Form, and Digital File/Link to the Social Media Campaign by one team member)

MRC Partnership (Portfolio by one team member)

Public Health ('Trailer' video by one team member)

Public Service Announcement (PSA Link, Airdate Form,

Copyright Form, Brain Health Course Completion Forms and reference pages)

Researched Persuasive Writing and Speaking (Paper)

Research Paper (Poster)

**IS, LSS, PC, and SS are only required to upload their student eligibility forms.*

**MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA).*

Step-by-step guide for chapter advisors on how to use the Digital Upload System

1. **Login to Chapter Account:** Access the system using your chapter credentials and log in to your chapter account at <https://apps.hosa.org>
2. **Conference Registration:** On the dashboard, find and click on the tile for conference you are registering students for.
3. **Student Registration:** Proceed to register your students for the events as usual. If a student has signed up for an event that requires an upload, you'll notice an "Upload" link associated with that event.
4. **Access Upload Link:** For students signed up for events with upload requirements, you will see an "Upload" link with a blue box next to it.
5. **Email Link to Student (if needed):** In case a student hasn't received the upload email, you can click on the blue copy box next to the link. Paste this into an email and send it to the student so they can access the upload page.
6. **Student Upload:** Once the student accesses the link, they'll have the ability to upload the required documents. Make sure they note the deadline date for uploads.

7. **Select and Save File:** The student will select the file they want to upload and then click the "Save" button.
8. **View Attached File:** After saving, the student will be able to see the attached file associated with their event.
9. **Upload Tracking:** As the chapter advisor, you'll have the ability to view how many uploads each student has completed. This information will be available on your dashboard.
10. **Check Uploaded Files:** You can click on the upload link associated with each student to view the uploaded files.
11. **Team Event Guidelines:** For team events, remember that only one team member should upload a file for the entire team. It's your responsibility to ensure there's only one upload per team.
12. **Judge Visibility:** Ensuring a single upload per team ensures that judges will only see one product from each team during evaluation. By following these steps, you'll effectively manage the upload digital system, facilitate student uploads, and ensure adherence to team event guidelines for fair judging.

Link to [pictorial instructions](#).

HOSA Competitive Events: FAQ

Is a photo ID required for check-in for tests or events at SLC?

Yes! At HOSA SLC we DO require a photo ID to check in for each round of competition. You will also need to provide a photo ID at ILC. Keep in mind that SLC is preparation for ILC, so please make sure you are prepared.

Where can I find my HOSA Competitive Event Guidelines?

Visit HOSA.org and hover your mouse over the COMPETITION header, then click on the GUIDELINES menu. Select the event for the guidelines that you need, and a separate tab will open where you can read, download, or print to your preference.

What should I bring with me to my SLC events?

Each event requires different materials, please read your specific event guidelines *thoroughly*! Each event guideline has a box titled “Competitors Must Provide:” and lists each item that YOU as a student competitor are responsible for providing. Please make sure to bring all listed materials to avoid disqualification and ensure participation.

Do we need to bring our event guidelines to the event orientation?

No, event guidelines will no longer need to be shown at event orientation.

Our chapter members were placed in Clinical Specialty and Researched Persuasive Writing and Speaking at the Regional level. Can they change their event materials before the state competition?

Yes. There are no rules that prevent individual or team competitors from changing their event materials from one level to the next. International competitors in Clinical Specialty, Researched Persuasive Writing and Speaking, and other HOSA events, can change or revise their papers, speeches, and videos. Be sure to follow your guidelines and meet deadlines for events.

How can I find out what to study for the test?

The event guidelines contain a test plan, a list of resources, and links to those resources to which you can refer. Since the test questions are taken directly from the listed resources, you will do fine if you follow this advice.

Are there practice tests available for any of the tests?

There are no practice tests available for any of the HOSA events. HOSA members who are successful on any HOSA test have spent hours and hours studying the recommended text resource AND have a sound general understanding of the concepts to be measured on the test. It helps to pay attention to the test plan in the guidelines so you will know where to focus your attention. HOSA has provided sample test questions in the guidelines to familiarize the competitor with the types of questions asked.

Will the Health Professions events at the State Conference be the written test or the skills?

In Health Professions events, Round 1 consists of an online test which is open from January 27th - February 7th. Top qualifiers of online testing proceed to Round 2 skills events, which usually involves 1-3 skills, at the State Leadership Conference.

Are there any practice lists for HOSA Bowl?

The key to success in this event is learning as much as possible about the topics (medical terminology, HOSA facts, parliamentary procedure, and medical history) and then lots of practice. The format of the questions is listed in your event guidelines to assist you with studying.

Idaho HOSA State Officer Eligibility

1. Officer candidates should be mature and demonstrate responsibility and leadership qualities.
2. A candidate must be an active and paid affiliated member with their local chapter, who is in good standing with Idaho HOSA and National HOSA.
3. It is recommended that a candidate be a HOSA chapter officer, but this is not required.
4. Each chapter is encouraged to submit up to 2 qualified candidates. Candidates must be current high school sophomores, juniors, or seniors HOSA members in good standing.
5. A candidate must have a cumulative GPA of 3.0 or higher.
6. It is the candidate's responsibility to have all forms completed and submitted by February 5, 2027 5:00PM.
7. This application and all necessary forms must be **UPLOADED** before the February 5, 2026 deadline. Candidates **MUST** have a complete application to be considered for a position.
8. As part of this position, State Officers travel to meetings and conferences within the state of Idaho, and to the International Leadership Conference. Idaho HOSA does maintain insurance/liability coverage for State Officer travel and members while traveling to or from meetings, conferences, or other matters sponsored by Idaho HOSA.

Idaho HOSA State Officer Costs

The table below reflects materials required during a term served as an Idaho HOSA State Officer, and which of those items both Idaho HOSA and the state officer, respectively, will be responsible for providing:

State Officer Costs					
Item	Student Responsibility	Idaho HOSA Responsibility	Item	Student Responsibility	Idaho HOSA Responsibility
Official Attire	<i>Pants or Skirt</i>	<i>Jacket, Tie, Badge, Pins</i>	Internet Service & Equipment	XX	
Officer Polos		Two (2) Polos per Officer	Conference Registrations		XX
Officer Name Tags		One (1) nametag			

