



Idaho HOSA Advisor Guide

2022~2023

Table of Contents

HOSA State Office Contact Information	3
2022-2023 HOSA State Officer Contact Info	4
The HOSA Creed	4
HOSA Mission Statement	5
HOSA Program Goals	5
Calendar of Events – 2022-2023	6
HOSA Affiliation Information	7
HOSA Dress Code	8-9
HOSA SLC Advisor Code of Conduct (Sample)	10
HOSA SLC Member Code of Conduct (Sample)	11
HOSA SLC Medical Liability Release Form (Sample)	12
Tallo Instructions	13
Idaho HOSA SLC 2023 Events	14
HOSA Competitive Event Update: 2022-2023	15-16
HOSA Competitive Events FAQ	15-16
HOSA State Officer Eligibility	17
State Officer Costs & Expenses	17

State Office Contact Information

For questions or inquiries about Idaho HOSA, please contact one of the following:



Stephanie Mai

Program Quality Manager, Health & Public
Safety

(208) 429-5507

Stephanie.Mai@cte.idaho.gov



Jessie Kellogg

HOSA Career & Technical Student Organization
Manager

(208) 429-5526

Jessie.Kellogg@cte.idaho.gov



Joyce Graff

Administrative Support, Program Services

(208) 429-5536

Joyce.Graff@cte.idaho.gov

2022-2023 Idaho HOSA State Officers

For chapter questions or inquiries, please contact your regional state officer:

Officer Name	Officer Position	Officer Email
Madison Healy	President	Idahosa.President1@gmail.com
Elijah Zimmerman	President-Elect	Idahosa.presidentelect@gmail.com
Jentri Van Ackern	Region Vice President	Idahosa.regionalvp@gmail.com ,

The HOSA Creed

I BELIEVE in the Health Care Profession.

I BELIEVE in the profession for which I am being trained; and in the opportunities, which my training offers. I BELIEVE in education.

I BELIEVE that through education, I will be able to make the greatest use of my skills, knowledge, and experience in order to become a contributing member of the health care team and of my community.

I BELIEVE in myself.

I BELIEVE that by using the knowledge and skills of my profession, I will become more aware of myself. By fulfilling these goals, I will become a more responsible citizen. I BELIEVE that each individual is important in his or her own right; therefore, I will treat each person with respect and love.

To this end, I dedicate my training, my skills, and myself to serving others through HOSA.

The HOSA Mission Statement

The mission of Idaho HOSA is to enhance the delivery of compassionate, quality health care by providing opportunities for knowledge, skill and leadership development of all health science education students, therefore, helping the student meet the needs of the health care community.

HOSA Program Goals

The goals that HOSA believes are vital to each member are:

- To promote physical, mental, and social well-being.
- To develop effective leadership qualities and skills.
- To develop the ability to communicate more effectively with people.
- To develop character.
- To develop responsible citizenship traits.
- To understand the importance of pleasing oneself as well as being of service to others.
- To build self-confidence and pride in one's work.
- To make realistic career choices and seek successful employment in the health care field.
- To develop an understanding of the importance of interacting and cooperating with other students and organizations.
- To encourage individual and group achievement.
- To develop an understanding of current health care issues, environmental concerns, and survival needs of the community, the nation, and the world.
- To encourage involvement in local, state, and national health care and education projects.
- To support Health Science Education instructional objectives.
- To promote career opportunities in health care.

Calendar of Events 2022-2023

August

- 1** **Basic Registration is open**
Cte.idaho.gov/basic
Washington Leadership Academy Registration is open
<https://hosa.org/wla/>

September

- 19** **BASIC Training- East Idaho**
ISU - Idaho Falls
- 20** **BASIC Training- Magic Valley**
CSI - Twin Falls
- 24-27** **Washington Leadership Academy**
Washington DC

October

- 3** **BASIC- North Idaho**
NIC; CDA
- 6** **BASIC- Treasure Valley**
NNU Nampa

November

- 1** **Have you affiliated? How can we help?**
- 2** **HOSA Board Meeting**
Zoom
- 6-12** **HOSA Week/Health Professions Week**

January

- 2** **State Leadership Conference Registration Opens**
State Officer Applications Available
HOSA Scholarships Open
- 11** **SLC Advisor Q&A**

- 23** **SLC Registration Closes**

- 25** **SLC Online Testing Open**

February

- 15** **SLC Online Testing Closes**
HOSA Board Meeting
Zoom
State Officer Applications Due
HOSA Scholarships Due
Tallo Submissions Due

March

- TBD** **ILC hotel block and registration open- updates as we have them**
- 8-10** **State Leadership Conference**
Idaho State University

May

- 3** **HOSA Board Meeting**
Zoom
- 15** **ILC Registration Closes**

June

- 21-24** **International Leadership Conference**
Dallas Convention Center, Dallas TX

HOSA Affiliation Information

STEP ONE:

In order to use HOSA's Affiliation System, you must have your chapter's charter number and password. If you are a new chapter or you do not know your chapter's charter number or password, contact your state advisor or HOSA Headquarters.

STEP TWO:

Go to the HOSA website at www.hosa.org and click on Login at the top right of the home page. Log in as a Local Advisor using your charter number and password.

STEP THREE:

From the main menu, be sure to review the affiliation instructions especially if you are unfamiliar with the online affiliation system. Click Complete the Affiliation Application to begin the chapter affiliation process. Ensure all chapter information is correct including the billing and demographic information. For returning HOSA members, you can re-affiliate these members without re-entering their information. For all new members, please enter the member's name, demographic, and contact information.

2022-23 Chapter Affiliation Dues for Idaho

State: \$10.00

National: \$10.00

TOTAL: \$20.00

hosa DRESS CODE POLICY

Delegates are required to wear either the Official HOSA Uniform, or the Suit Option to all General Sessions.

GENERAL SESSIONS

OFFICIAL HOSA UNIFORM

- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon or navy long tie
- Closed-toe blue or black shoes (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed



SUIT OPTION

- Black or navy-blue suit
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member's choice)
- Accent: maroon HOSA scarf (optional)
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue or black shoes (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed



COMPETITIVE EVENTS

If the competitive event guidelines identify business attire is appropriate, any of the following dress is acceptable (color is not specified for clothing or shoes for competition):
(closed-toe; open-toe; heeled sandals are permitted)



**Official
HOSA Uniform**



Business Attire

- Shirts
- Skirts
- Dresses
- Jackets
- Sports Jackets
- Pants

Note: Shorts and flip-flops are not acceptable HOSA competitive event attire.

If the competitive event guidelines identify clinical uniform or attire appropriate to the occupational area for skill events, the following dress is acceptable (scrubs can be of any color/design, with or without a HOSA emblem):



Medical Scrubs

- Scrubs
- Clinical shoes or tennis shoes



Polo & Khakis

- Khaki pants with polo top

EVENT-SPECIFIC DRESS CODE

Please see HOSA website at hosa.org/guidelines for events and their specific dress code.

HEALTH PROFESSIONS EVENTS

Examples of health professions appropriate attire are pictured below.



**CERT
SKILLS**



EMT



**SPORTS
MEDICINE**

Competitors shall wear proper business attire or official HOSA uniform, or attire appropriate to the occupational area, during the orientation, written test and skill(s) – jeans and shorts are not acceptable. Bonus points will be awarded for proper dress.

HEALTH SCIENCE EVENTS || EMERGENCY PREPAREDNESS EVENTS || LEADERSHIP EVENTS || TEAMWORK EVENTS || RECOGNITION || NATIONAL GEOGRAPHIC LEARNING ACADEMIC TESTING CENTER

Competitors must be in official HOSA uniform or in proper business attire. Bonus points will be awarded for proper dress.

EXTEMPORANEOUS HEALTH POSTER

Competitors must be in official HOSA uniform, proper business attire, medical scrubs, or polo and khakis. Bonus points will be awarded for proper dress.

FORENSIC SCIENCE

Competitors shall wear the HOSA uniform, proper business attire, medical scrubs, or polo and khakis. Bonus points will be awarded in both rounds for proper dress. All team members must be properly dressed to receive bonus points.



hosa.org

future health professionals

HOSA Dress Code Continued...

HOSA's dress code policy has different areas of emphasis: general session dress; competitive events dress, and official function dress (workshops, HOSA expo, and social activities).

<https://hosa.org/appendices/>

Process for Awarding Competitive Event Dress Bonus Points:

- For all competitive events, five (5) bonus points will be added once per competitor and/or team to the tally sheet for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event guidelines.
- At the ILC, dress bonus points are awarded unless a dress violation is agreed upon by the Event Manager and a member of the HOSA CE staff. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, this must be indicated on the HOSA Event Section Summary form and signed by a member of the CE Program staff.
- Judges are NOT responsible for the awarding of dress bonus points; competitive event personnel handle this.

Unacceptable clothing for competition (but not limited to):

- Casual tank, crop, or tube tops
- T-shirts, sweatshirts/pants
- Shorts, "capri pants", and other shorts (Dress slacks are acceptable)
- Any color of denim clothing, pants, or canvas shoes. Blue jeans, skirts, and dresses
- Beachwear; athletic and/or sports clothing swimwear, sheer or mesh clothing
- Torn, frayed or dirty clothing
- Clothing with obscene or suggestive printing and pictures that may be offensive
- Flip-flops, thong sandals, shoes that are flat, backless, made of rubber or leather, plain or embellished with beads, etc. consisting of a flat sole held loosely by a Y-shaped strap, thin thong, passing between first (big) and second toes and around either side of foot or ankle

Note about HOSA's Dress Code Policy:

- Head covers that are required for religious purposes or to honor cultural tradition are allowed.
- A competitor should dress appropriately, based on the dress standards outlined for the gender to which they identify.

Official Function Dress (Workshops, HOSA Expo and Social Activities):

Appropriate business attire is required for official functions including the HOSA Expo and workshops in conjunction with the ILC. Social activities dress code will include everything EXCEPT: athletic clothing, swimwear, sheer or mesh clothing, tank tops, muscle shirts, crop tops, and clothing with obscene or suggestive printing. Shirt straps must be two inches wide and the length of shorts and skirts must be at a minimum to the fingertip.

HOSA SLC Advisor Code of Conduct

Advisor Code of Conduct

- 1) Idaho HOSA Advisors project a positive and professional image of Health Professions Education and Idaho HOSA to all those with whom they interact.
- 2) Idaho HOSA Advisors promote Idaho HOSA as a positive student experience; therefore, will act as a positive role model for students. This will be portrayed and not limited to the way they dress, tone of voice, attitude, actions, and demeanor.
- 3) Idaho HOSA Advisors are first in line to ensure that their Student Delegates are dressed in appropriate HOSA attire (see pages 8-9) and are practicing professional etiquette and behavior.
- 4) Idaho HOSA Advisors are accountable to and for their students during all Idaho HOSA-related activities.
- 5) Idaho HOSA Advisors will notify the State Advisor, Stephanie Mai, or CTSO Manager, Jessie Kellogg, of any accidents or injuries of Student Delegates, Advisors, Chaperones or Guests that take place during Idaho HOSA activities or conference.
- 6) Idaho HOSA Advisors understand and follow established processes within the organization that protect the rights of all members.

Idaho HOSA advisors are proud of the standards of excellence they maintain for themselves and their students. Attendance of any Idaho HOSA function implies acceptance and practice of these standards.

I HAVE READ THE ABOVE CODE OF ETHICS FOR IDAHO HOSA ADVISORS AND AGREE TO ACCEPT AND PRACTICE THESE STANDARDS.

Signature: _____ Date: _____

High School / HOSA Chapter: _____ Date: _____

NOTE: Please submit this form electronically (found at: <http://www.idahohosa.org/advisor-resources/>), along with forms for all chapter members attending the 2023 SLC to Joyce Graff (joyce.graff@cte.idaho.gov) by **March 1, 2023**.

Additionally, please make sure to bring a hard copy of all conduct forms with you to the conference.

HOSA SLC Member Code of Conduct

Code of Conduct Form must be completed and given to the Chapter Advisors, who must keep a copy on hand at all times during the conference. All chapter Code of Conduct Forms will be submitted electronically to [Joyce Graff](#) by March 1, 2023.

A good reputation enables members to take pride in their organization. IDAHO HOSA members have an excellent reputation. Your conduct at any IDAHO HOSA function should make a positive contribution to the reputation that has been established.

- 1) Your behavior at all times should be such that it reflects credit to you, your school/college, your state, and IDAHO HOSA.
- 2) The general session should be enthusiastic but we must be courteous to those in the audience or on stage. It is important to remain seated and in attendance until the end of the session. Students who do not adhere to general session protocol will be asked to leave the conference.
- 3) You are expected to attend all general sessions and other scheduled conference activities. Please be prompt and show respect to the audience and those on stage.
- 4) Student delegates are to abide by the SLC Attire Policy at all business sessions, general sessions, competitive events, and other conference activities. Please refer to the Dress Code Policy on pages 8-10. Student Delegates not adhering to the dress policy during the conference will NOT be admitted.
- 5) School tags, state badges, or IDs must be removed or completely covered during competition.
- 6) Student Delegates are to report any accidents, injuries or illness to their local or state advisor immediately.
- 7) Students Delegates shall keep their advisors informed of their activities and whereabouts at all times. (Idaho HOSA Conference Name Badges shall be worn at all times.)
- 8) Student Delegates are to observe the designated curfew. (Curfew means being in your assigned hotel room by the designated hour)
- 9) If a Student Delegate is responsible for stealing, damage to property, or vandalism, the student and his/her parents will be expected to pay all damage costs.
- 10) Any participants at the HOSA State Leadership Conference may not purchase, consume, possess or be under the influence of alcohol or drugs at any time. Violators will be subject to disciplinary action.
- 11) No weapons of any sort will be allowed in student's possession, room, transportation or luggage.
- 12) Smoking, vaping, or possession of any tobacco products is prohibited at the conference and at offsite, conference-related activities.

Student Delegates who disregard the rules will be subject to disciplinary action and will be sent home at their own expense. Parents will be notified. By signing below, you confirm that you have read the above Code of Conduct for IDAHO HOSA Conferences and agree to abide by these rules.

Print Name of Student

Student Delegate Signature

Date

Print Name of Parent/Guardian

Parent/Guardian Signature

Date

(Required for student delegates under the age of 18)

HOSA SLC Medical Liability Release Form

Due to legal restrictions, it is necessary that all student delegates, parent/guardians, guests and IDAHO HOSA Advisors complete this form to be eligible to attend any Idaho HOSA State Leadership Conference. This form should be completed and a copy submitted to the advisor. **Medical Release Forms need to be kept with the advisor at all times during the conference.**

PLEASE TYPE OR PRINT ALL INFORMATION

Participant Name:			Guardian Name:		
Address:					
Parent Phone:	<i>Cell:</i>	<i>Work:</i>		<i>Home:</i>	
Alternate Contact			Phone		
Personal Physician:			Phone		
Physician Address:					
Local Advisor:			School Name		
Student covered by medical insurance? (please check one):			<input type="checkbox"/> Yes		<input type="checkbox"/> No
Name of Insured			Insurance Company		
Group #			Policy #		
<p>Please check and describe any medical condition which may recur or be a factor in medical treatment:</p> <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Allergies: <input type="checkbox"/> Blackouts: <input type="checkbox"/> Physical Handicap: <input type="checkbox"/> Disease of any kind: </div> <div> <input type="checkbox"/> Convulsions: <input type="checkbox"/> Heart/Lung problems: <input type="checkbox"/> Medicine Reactions: <input type="checkbox"/> Other: </div> </div> <p>If currently taking any medication, please provide the following information:</p> <p>Medication(s) _____</p>					
<p>Liability Release: <i>I certify that the information described above is accurate and complete to the best of my knowledge. I understand that each individual is responsible for his/her own insurance coverage during this conference. I hereby release IDAHO HOSA Board of Directors, State and Local Chapter Advisors, Idaho Career & Technical Education, and any designated individual in charge of the HOSA chapter group or specific activity from any legal or financial responsibility with respect to my personal or my student delegate's/child's participation in or contact with any known element associated with an activity including competitive events.</i></p> <p>Parent/Guardian/Participant: Please check one of the following and sign your name:</p> <p><input type="checkbox"/> I give permission for immediate medical treatment as required in the judgment of the attending physician.</p> <p><input type="checkbox"/> I do NOT give permission for medical treatment until I have been contacted.</p>					

Parent/Guardian/Participant Signature: _____ **Date:** _____
 (Required for student delegates under the age of 18)

Student's Signature: _____ **Date:** _____

Advisor's Signature: _____ **Date:** _____

HOSA Competitive Events Instructions

Members participating in the following competitive events at the ILC and some state conferences are required to create a profile and submit materials through Tallo (powered by STEM Premier).

Clinical Specialty
*Life Support Skills**
Job Seeking Skills
*Speaking Skills**
Health Education
Parliamentary Procedure

Health Career Photography
Medical Innovations
Researched Persuasive Writing and Speaking
Public Service Announcement
HOSA Happenings (optional for state use)
Organizational Leadership
Healthcare Display

*Interviewing Skills**
MRC Partnership
*Personal Care**
Community Awareness
Research Poster
Healthy Lifestyle

**IS, LSS, PC, and SS are only required to upload their student eligibility forms.*

**MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA).*

- HOSA Members must have a Tallo account and have submitted their required materials to enter the competitive event at the International Leadership Conference.

Competing Is Easy. Here's How:

1. Join Tallo

- Go to www.tallo.com/hosa
- Click the "Start your Profile" button and create your account
- Add HOSA to your profile
 - Click the white "Profile" tab at the top left of the screen
 - Click the blue "Edit Profile" button at the top right of the screen (underneath where your profile picture is located)
 - Select "Associations" from the bar on the left side of the screen
 - Search for and add "HOSA-Future Health Professionals"

2. Search for HOSA Competitive Event

- Select "Opportunities" at the top of your screen when logged in
- In the "Organization Name" search box type in "HOSA"; wait for the list of pre-populated organizations to appear, and then select your state association from the drop-down box (Example HOSA-Future Health Professionals | California). Click the blue "Search" box.
- Select your competitive event from the list that appears to the right. Make sure that you have selected the proper state!

3. Submit Materials and Apply for a Competitive Event

- Follow the steps, check the appropriate boxes, and provide the required information for your event
- Click "Apply Now" when ready to submit
- You have until the state deadline (contact state advisor) or ILC deadline (May 15, 2023) to change any content and re-upload your submissions. The material in Tallo as of May 15, 23 is considered final for ILC.
- To edit your submission
 - Click the profile picture on the top right of your screen in Tallo.
 - Click "My Opportunities" and select your event.
 - Follow the instructions for editing your submission

Idaho HOSA SLC 2023 Events



Students may register for one (1) of either of these events (May choose only one below):

- ♦ Leadership Events
- OR**
- ♦ Teamwork Events

AND

Students may register for one (1) of either of these events (May choose only one below):

- ♦ Health Sciences Events
- ♦ Health Professions Events
- OR**
- ♦ Emergency Preparedness

AND

Students may register for ANY Recognition Events

Leadership Events

- RP***** Research Poster
- HCP***** Health Career Photography
- HL***A** Health Lifestyles
- JSS***** Job Seeking Skills
- PS/SS*** Prepared Speaking/Speaking Skills
Topic: Beyond All Limits
- RPS***** Researched Persuasive Writing & Speaking
Topic: Virtual Learning Positive or Negative for Future Health Professionals

Teamwork Events

- CA***** Community Awareness Project
- HCD***** Health Career Display
- HE***** Health Education
- PSA***** Public Service Announcement
Topic: How to Talk to Friend and Family About Mental Health
- BD^** Biomedical Debate
Topic: Medical Errors Should Be Considered Criminal Offenses
- FS^** Forensic Science
- CPS^** Creative Problem Solving
- HB^** HOSA Bowl
- PP^** Parliamentary Procedure
- MI***** Medical Innovations

Recognition Events

- BJSA**** Barbara James Services Award
- HCIE** Healthcare Issues Exam - Online
- HH***** HOSA Happenings
- NS**** HOSA Service Project
- OHL** Outstanding HOSA Leader

Health Science Events

All events online only

- MS^** Medical Spelling
- BH #** Behavioral Health
- HI #** Health Informatics
- DT #** Dental Terminology
- HGD #** Human Growth & Development
- MM #** Medical Math
- MR #** Medical Reading
- MT #** Medical Terminology
- PAT #** Pathophysiology
- PHA #** Pharmacology
- MLE #** Medical Law and Ethics
- NUT #** Nutrition
- CDD #** Cultural Diversity & Disparities in Healthcare

Health Professions Events

- BT^** Biotechnology– Updated!
- CL** Clinical Laboratory Science-NEW!
- DS^** Dental Science
- HH^A** Home Health Aide
- MA^** Medical Assisting
- NA^** Nursing Assisting
- FMP** Family Medicine Physician
- RX^** Pharmacy Science
- PC*** Personal Care
- PT^** Physical Therapy
- SM^** Sports Medicine
- VS^** Veterinary Science

Emergency Preparedness Events

- CERT^** CERT Skills
- CPR^** CPR/First Aid
- EMT^** Emergency Medical Technician
- EP #** Epidemiology
- LSS*** Life Support Skills
- MH** Mental Health Promotion-NEW!
- MRC***** Medical Reserve Partnership
- PH^** Public Health -
Topic: Good Heart Healthy for Life: What you Need to Know Now

- ♦ **Only for students classified under the federal regulation, Individuals with Disabilities Education Act of 1997- Amended IDEA. A special needs Student Eligibility Form is included in the guidelines and must be uploaded to Tallo.*
- ♦ ***Must register for hours on the HOSA Activity Tracking System Website.*
- ♦ ****Tallo upload required <https://hello.tallo.com/hosa>*
- ♦ *#Online ONLY: Testing Dates = March 7 to March 25*
- ♦ *^Top qualifiers of Round one online testing proceed to round two @ SLC*

HOSA Competitive Events Update: 2022-2023

THIS UPDATE SUMMARIZES MOST MAJOR CHANGES TO THE EVENT GUIDELINES BUT IS NOT AN ALL-INCLUSIVE LIST. CHANGES TO BOTH THE RATING SHEETS AND RULES ARE MADE EVERY YEAR FOR CONSISTENCY AND CLARITY. FULL EVENT GUIDELINES SHOULD BE PRINTED NEW FROM HOSA.ORG EVERY SEPTEMBER. TO VIEW A SHORT VIDEO PRESENTATION ABOUT THESE CHANGES, VISIT: [HTTPS://HOSA.ORG/CEUSEFULTOOLS/](https://hosa.org/ceusefultools/)

HOSA Competitive Events: FAQ

Is a photo ID required for check-in for tests or events at SLC?

- Yes! At HOSA SLC we **DO** require a photo ID to check in for each round of competition. You will also need to provide a photo ID at ILC. Keep in mind that SLC is preparation for ILC, so please make sure you are prepared.

Where can I find my HOSA Competitive Event Guidelines?

- Visit HOSA.org and hover your mouse over the **COMPETITION** header, then click on the **GUIDELINES** menu. Select the event for the guidelines that you need, and a separate tab will open where you can read, download, or print to your preference.

What should I bring with me to my SLC events?

- Each event requires different materials, please read your specific event guidelines *thoroughly!* Each event guideline has a box titled “**Competitors Must Provide:**” and lists each item that YOU as a student competitor are responsible for providing. Please make sure to bring all listed materials to avoid disqualification and ensure participation.

Do we need to bring our event guidelines to the event orientation?

- No, event guidelines will no longer need to be shown at event orientation.

Our chapter members were placed in Clinical Specialty and Researched Persuasive Writing and Speaking at the Regional level. Can they change their event materials before the state competition?

- Yes. There are no rules that prevent the individual or team competitors from changing their event materials from one level to the next. International competitors in Clinical Specialty, Researched Persuasive Writing and Speaking, and other HOSA events, can change or revise their papers, speeches, and videos. Be sure to follow your guidelines and meet deadlines for events.

How can I find out what to study for the test?

- The event guidelines contain a test plan, a list of resources, and links to those resources to which you can refer. Since the test questions are taken directly from the listed resources, you will do fine if you follow this advice.

HOSA Competitive Events: FAQ Continued

Are there practice tests available for any of the tests?

- There are no practice tests available for any of the HOSA events. HOSA members who are successful on any HOSA test have spent hours and hours studying the recommended text resource AND have a sound general understanding of the concepts to be measured on the test. It helps to pay attention to the test plan in the guidelines so you will know where to focus your attention. HOSA has provided sample test questions in the guidelines to familiarize the competitor with the types of questions asked.

Will the Health Professions events at the State Conference be the written test or the skills?

- In Health Professions events, Round 1 consists of an online test which is open from January 25th -February 15th. Top qualifiers of online testing proceed to the Round 2 skills events, which usually involves 1-3 skills, at the State Leadership Conference.

Are there any practice lists for HOSA Bowl?

- The key to success in this event is learning as much as possible about the topics (medical terminology, HOSA facts, parliamentary procedure, and medical history) and then lots of practice. The format of the questions is listed in your event guidelines to assist you with studying.

**** Can't afford so many textbooks?** One school made a very specific list of what books they needed and then found the ordering information on the Event Resources section of the HOSA website. Those lists were sent home, and in 3 weeks, every single book on the list had been donated by parents who saw this as a simple way to make a big contribution. Does your school have a library? Ask the librarian if they can order the resources for the library, so all students can have access to the resource. Did you also know that you can rent textbooks or purchase books by the chapter? Some publishers have this option. In addition, F.A. Davis and Brady Books publishers offer a discounted price for HOSA members. Check out the Event Resources page on the HOSA website.

Idaho HOSA State Officer Eligibility

1. Officer candidates should be mature and demonstrate responsibility and leadership qualities.
2. A candidate must be an active and paid affiliated member with their local chapter, who is in good standing with Idaho HOSA and National HOSA.
3. It is recommended that a candidate be a HOSA chapter officer, but this is not required.
4. Each chapter is encouraged to submit qualified candidates. Candidates must be current high school sophomores, juniors, or seniors HOSA members in good standing. There is no limit to the number of candidates that may be submitted from any one chapter.
5. A candidate must have a cumulative GPA of 3.0 or higher.
6. It is the candidate's responsibility to have all forms completed and **UPLOADED** to Tallo by February 15th, 2023.
7. This application and all necessary forms must be **UPLOADED** before the February 15th, 2023 deadline. Candidates **MUST** have a complete application to be considered for a position. **Type** the application and **save a copy for your records**.
8. As part of this position, State Officers travel to meetings and conferences within the state of Idaho, and to the International Leadership Conference. Idaho HOSA does maintain insurance/liability coverage for State Officer travel and members while traveling to or from meetings, conferences, or other matters sponsored by Idaho HOSA.

Idaho HOSA State Officer Costs

The table below reflects materials required during a term served as an Idaho HOSA State Officer, and which of those items both Idaho HOSA and the state officer, respectively, will be responsible for providing:

State Officer Costs					
Item	Student Responsibility	Idaho HOSA Responsibility	Item	Student Responsibility	Idaho HOSA Responsibility
Official Attire	<i>Pants or Skirt</i>	<i>Shirt or Blouse, Tie, Badge, Pins</i>	<i>Internet Service & Equipment</i>	XX	
Officer Polos		Two (2) Polos per Officer	<i>Conference Registrations</i>		XX
Officer Name Tags		One (1) nametag			